

Fly of the Month, October - Steelhead Egg Pattern

Hook: Short shank, heavy wire, scud or curved hook similar to a Mustad #9174
Thread: Strong Kevlar or Gel spun thread. Colors are white, clear or red for accent.
Body: "Glo-bug Yarn" or "McFly Foam."



Photo # 1 Tie in a solid base of thread and leave the thread about centered on the shank. I add head cement to secure it from twisting out.

Photo # 2 Cut three sections of yarn about an inch long and stack them like logs across the top of the hook shank. Loosely take two wraps of thread across the middle of the yarn. Hold up on the yarn ends and then cinch downward (tight) with the thread to form a crown of the yarn. Once it is as tight as you can cinch, wrap the thread around the hook and whip finish off the thread at the hook eye. Add head cement to the whip finished thread only.

Photo # 3 Gather the ends of the yarn and pull them straight up over the hook. With sharp scissors, take one shear action across the yarn, near the hook, to cut off the excess yarn. Shape the yarn foam downward to form a ball shaped egg.

Common colors are light pastel colors in small patterns for low/clear water ranging up to bold fluorescent colors in larger sizes for high muddy water.

For Fly of the Month recipes and patterns, please visit our web site at www.firelandsflyfishers.org

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